



Energy Bites

BY HOMESCHOOL BY THE BEACH

You will need:

- 2 Cups Old Fashioned Oats
- 3/4c to 1 Cup Ground Flax Seed
- 1 Cup Natural Peanut Butter
- 1/2 Cup Coconut (optional but yummy)
- 1 Cup Mini Chocolate Chips
- 2 tsp Vanilla Extract
- 2/3 C Nature Nate's Honey

DIRECTIONS

Combine all ingredients in a bowl and mix well!

Cover bowl and refrigerate dough for 20-30 minutes.

Remove dough and roll into balls. We use a mini cookie scoop for bite size servings!

Keep covered in fridge. Enjoy!

